

Post Op Vivaer Instructions

- 1.** Do NOT blow your nose or remove anything from your nose until you come back to see the physician for the first post op visit.
- 2.** Do NOT pinch or manipulate the treatment area.
- 3.** During the first few days following your procedure you may experience some inflammation and tenderness to the treatment site.
- 4.** During the first 3 weeks following your procedure, you may experience some congestion and crusting at the treatment site
- 5.** You will need to use Nasal Saline Spray (ex Ocean Spray, Ayr) several times daily to keep the inside of your nose moist.
- 6.** You may use Bacitracin ointment twice daily to the inside of your nose to keep it moist.